### WHAT TO DO IF YOU ARE SEXUALLY ABUSED

### IF THE ATTACK HAS JUST HAPPENED...

## Get to a safe place. REPORT THE ATTACK TO A STAFF MEMBER IMMEDIATELY!

The longer you wait to report the attack, the more difficult it is to obtain the evidence necessary for a criminal investigation.

Request immediate medical attention. You may have serious injuries that you are not aware of, and any sexual contact can expose you to sexually transmitted diseases.

Do not shower, brush your teeth, use the restroom, or change your clothes. You may destroy evidence.

If you have been attacked or witness an attack, but are unwilling to report it to staff, or if the perpetrator is a staff, then you may call the DCS hotline at 1-800-800-5556 or the Columbus Police Department at 812-376-2600.

### Silence of Victims

Victims feel shame and humiliation, so they don't tell- **REPORT PLEASE!** 

Males feel it is just another physical assault and don't seek emotional help- THIS IS CRIMINAL, SEEK HELP!

Males feel their sexual identity is in question after such an act—IT'S NOT YOUR FAULT!

Males can't be sexually abused/ assaulted- NOT TRUE, IT CAN HAPPEN TO ANYONE

Some females feel abuse/assaults are normal within relationships because of being raised around such acts-**NOT TRUE** 

A victim of sexual abuse/assault becomes sexually excited, does not mean approval was given. These are normal, involuntary actions—

TRUE

A victim of sexual abuse/assault can be male or female-**TRUE** 

A perpetrator of sexual abuse/ assault can be male or female— TRUE

# Sexual Awareness for Residents



Bartholomew County Youth Services Center

2350 Illinois Ave Columbus, Indiana 47201

#### SEXUAL ASSAULT

Sexual Assault as defined by
Indiana law is "Any contact
between the sex organ of one
person and the sex organ, mouth
or anus of another person, or any
intrusion of any object into the
sex organ, mouth or anus of
another person, by the use of
force or threat of force." The
person uses sex as a weapon to
assault the body, the mind,
psyche and spirit.

Sexual assault affects everyone,
either directly or through the
experience of those we care
about. It is not only a female issue
as it can affect persons of any
gender, age, race, ethnic group,
socioeconomic status, sexual
orientation, or disability.

Indiana Division of Child Services Abuse Hotline 1-800-800-5556

Columbus Police Department: 812-376-2600

#### RAPE AVOIDANCE

The only way a rape can be prevented is when a potential rapist chooses NOT to rape.

However, you may avoid an attack by keeping the following safety guidelines in mind:

Be aware of any situations that make you feel uncomfortable.

Trust your instincts. If it feels wrong, LEAVE.

Don't let your manners get in the way of keeping yourself safe.

Don't be afraid to say "NO" or "STOP IT NOW!"

Avoid talking about sex, and anything alluding to sex. These things may be considered a come on, or make another person believe that you have an interest in a sexual relationship.

Avoid secluded areas. Position yourself in plain view of staff. If you are being pressured for sex, report it.

#### **FALSE REPORTS**

False allegations against someone will result in consequences. It is against the law to make false allegations of a sexual nature and charges may be filed.

## VIOLATOR OF SEXUAL ABUSE/ASSAULT

All sexual assaults shall be reported to local law enforcement; the case shall be investigated thoroughly. Disciplinary actions shall be taken against you up to and including:

- Charged with a new criminal act
- A new sentence imposed
- Required to registered as a known sex offender.

